

# PHYSICAL AND MENTAL CARE FOR THE ELDERLY

A QUALITY TRAINING PROGRAMME BY



**Nothing is more priceless than seeing their smile. Equip yourself with the know-how to manage the physical and mental well-being of the elderly.**



**To ensure the well-being and happiness of elderly wards, 3 “Hows” need to be taken into consideration –**



How do you **address their needs and wants?**



How can you **ensure that they stay healthy and happy?**



How do you **ensure their comfort and safety?**

**CONTACT US to book your slots today!**

☎ Call ..... **6438 9693** (XpRienz Hotline).....

✉ E-mail ..... **enquiries@xprienz.com**.....

Training Provider



XPRIENZ PTE. LTD.  
UEN 200409177Z

# Join us for our 1 – day Physical and Mental Care for the Elderly Course and learn how to



**Communicate and understand the emotions,** needs and requirements of the elderly



**Understand and maintain good personal hygiene** for the elderly and eliminate biological waste hygienically



**Utilize the correct instruments to check** and monitor the blood pressure and temperature of the elderly



**Identify suitable food types and learn how to use** the right oral feeding techniques for the elderly



**Manage and care for elderly wards with mobility issues,** including operating mobility equipment



**Apply appropriate medication techniques** for elderly wards who have medical conditions

TSC Title

## Physical and Mental Care for the Elderly

### Course Fees & Funding

|                                    |                  |                             |
|------------------------------------|------------------|-----------------------------|
| <b>Full Course Fee (incl. GST)</b> | <b>\$ 196.20</b> |                             |
|                                    | Subsidy          | Fees Payable <sup>[1]</sup> |
| <b>CTG subsidy</b>                 | <b>\$ 182.60</b> | <b>\$ 10.00</b>             |

<sup>[1]</sup> Course Fees shown are inclusive of GST

All information shown is correct at the time of printing. XpRienz reserves the right to make changes at any time without notice in its absolute discretion.

#### Refund Policy

- Refund requests are subject to approval
- Any refund request must be submitted at least three days prior to the course start date
- Refund requests submitted less than three days before the start date will be rejected
- No refund will be issued once the course has commenced, or, if the participant does not complete the assessment
- Refund requests must be submitted in writing using a provided form
- All approved refunds and/or any other forms of refunds will be processed within 4-6 weeks after the course end date

### Course Information



Course Code  
**N/A**



Course Delivery  
**Classroom Learning (EN)**



Course Duration  
**8.5 hours (1 day)**



Funding Validity Period  
**31 Mar 2024**

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Contact us for more information  xprienz.com  6438 9693  enquiries@xprienz.com

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experience the difference