

There's nothing more priceless than their smile.

Equip yourself with the know-how to manage the physical and mental well-being of the elderly.



To ensure the well-being and happiness of your elderly wards, 3 “Hows” need to be taken into consideration –



How do you
address their needs and wants?



How can you
ensure that they stay healthy and happy?



How do you
ensure their comfort and safety?

WE'RE HERE TO HELP!



Hi there! my name is _____



To register, contact me at _____

A quality training programme by

XPRIENZ
experience the difference

XLLS-BEC-0301-21L16

Join us for our 1 – day

Physical and Mental Care for the Elderly Course and learn how to



Communicate and understand the emotions, needs and requirements of the elderly



Understand and maintain good personal hygiene for the elderly and eliminate biological waste hygienically



Utilize the correct instruments to check and monitor the blood pressure and temperature of the elderly



Identify suitable food types and learn how to use the right oral feeding techniques for the elderly



Manage and care for elderly wards with mobility issues, including operating mobility equipment



Apply appropriate medication techniques for elderly wards who have medical conditions

Course Title

Physical and Mental Care for the Elderly

Course Fees and Funding

Full Course Fee (incl. GST)		\$ 192.60
	Subsidy	Fees Payable ^[1]
CTG subsidy	\$ 182.60	\$ 10.00

^[1] Course Fees shown are inclusive of GST

All information shown is correct at the time of printing. XpRienz reserves the right to make changes at any time without notice in its absolute discretion.

Course Information



Course Code
N/A



Course Delivery
Classroom Learning (EN)



Course Duration
8.5 hours (1 day)



Funding Validity Period
April 2022

CONTACT US to book your slots today!

 Call **6438 9693** (XpRienz Hotline)

 E-mail **enquiries@xprienz.com**

Training Provider

XPRIENZ
experience the difference

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UEN 200409177Z